

















LONDON ACADEMY
OF EXCELLENCE










TOTTENHAM

The Place for Academic Rigour



**LAE Tottenham
Preparatory
Tasks for Offer
Holders**

 <p>Please use a notebook to record your notes as you work through all of these preparation tasks.</p>	 Research What is psychology? What different types of psychologists are there? What is the difference between psychology, criminology and forensic psychology? <i>[Write brief notes to answer these questions]</i> What is psychology? Becoming a psychologist <i>[Watch 4 of the Psychology Careers short videos and write 2-3 sentences summarising each of them]</i> Time: 1hrs	 Read Social Influence Conformity is a type of social influence involving a change in belief or behaviour in order to fit in with a group. <i>Make notes on what conformity is, and the types of conformity that have been identified.</i> What is conformity? Time: 30m	 Watch Social Influence Zimbardo is one of the most famous social psychologists.  Summarise the experiment in your own words and create a bubble map to show the key details of the study. Stanford Prison Experiment Time: 1hr 30m
 Complete Social Influence Would you consider yourself a conformist? Take a quiz and find out. Do you feel the answer is true to you? Explain your answer. Are you a conformist? Time: 15m	 Watch Social Influence TED talk that discusses how in a society that shuns those who do not fit in, a 16-year old dares everyone, including herself, to be different, and not feel the pressure to conform. Conformity: are we afraid to stand out? TED Talks: Mina Whorms Time: 30mins	 Complete Memory Quiz to see how good your Memory is. Can you remember all the finer details? Once you have completed the quiz, create a quick mindmap showing what 'memory' means to you, what can affect memory and how you think memory can be improved. 'How Good Is Your Memory?' quiz Time: 30 minutes	 Watch Memory TED talk which discusses the reliability of memory and the impact of false memory. Reflect on the TED talk and make your own notes. How reliable is your memory? TED Talks – Elizabeth Loftus Time: 40 minutes
 Research Memory What is Eyewitness Testimony and what are the main factors that can affect it? You must pay particular attention to, and read the research study by Loftus and Palmer – this is highlighted as a link within the text. Make your own notes on the content. Eyewitness Testimony Simply Psychology Time: 1hr	 Research What is on the A level syllabus? How many units are there? List the different topics in each unit. There are 3 assessment objectives – describe each one AQA Psychology Specification <i>[Remember to look at the A level content, not the AS level content]</i> Time: 40 mins	 Watch and listen Mental health TED talk about mental health Summarise some of the key points highlighted in this talk. What's so funny about mental health? Time: 20 mins	 Research Task Mental health  Research the clinical characteristic (diagnostic criteria) of at least three different psychological disorders including the following – Obsessive Compulsive Disorder (OCD), Depression and Phobias. Produce a poster or PowerPoint for each disorder to explain the symptoms/ characteristics under the following headings 1) Emotional, 2) Behavioural 3) Cognitive characteristics. Time: 2hr

 <p>Watch and listen <i>Mental health</i></p> <p>TED talk about stress Summarise some of the key points highlighted in this talk.</p> <p>The science of stage fright and how to overcome it</p> <p>Time: 15mins</p>	 <p>Watch and listen <i>Mental health</i></p> <p>TED talk about causes for depression and anxiety</p> <p>This is why you could be depressed or anxious</p> <p>Time: 20mins</p>	 <p>Complete <i>Mental health</i></p> <p>Create a mind map to summarise possible cause for mental health. You should try to include some highlighted in the different TED talks and the research from the disorders.</p> <p>Time: 30mins</p>	<p>Watch</p>  <p>Watch this TED talk about common myths in Psychology</p> <p><i>Summarise some of the myths and explain why these are not true.</i></p> <div style="border: 1px solid black; padding: 5px;"> <p>https://www.ted.com/talks/ben_a_mbridge_10_myths_about_psychology_debunked</p> </div> <p>Time: 30m</p>
 <p>Reflect</p> <p><i>Which of these tasks was the most interesting? Why did you choose that one? Which topic in the A level are you most looking forward to? Explain why you chose that topic. What do you think is going to be the hardest part about learning Psychology a level? What can you do in advance to make studying it easier?</i></p> <p>Time: 30m</p>	 <p>Watch - extension work - OPTIONAL</p> <p>If you have access to Netflix watch '100 humans'</p>  <p>Time: 4hr30mins for all 8 episodes</p>	 <p>Read - extension work - OPTIONAL</p> <p>History of psychology https://allpsych.com/timeline/</p> <p>Cambridge university has a range of resources and activities to view on their website. https://www.myheplus.com/post-16/subjects/psychology</p> <p>Time: endless hours of fun!</p>	 <p>Plan</p> <p><i>What do you need to do to be prepared for the first psychology lesson? When will you prepare? What first impression do you want to make on your teachers? What kind of student are you planning to be?</i></p> <p>Time: 20mins</p>

We hope you enjoy getting ready to study Psychology A level with us in September

Please bring your notebook with all your work to your first psychology lesson

Have fun!

LAET Psychology department