BREAK TIME | ALLERGEN MATRIX

Same menu every week • Hot Snacks + Pastries, Cookies & Muffins

C = Contains | M = May contain | N = Not identified in available information; may be unassessed. N is NOT verified absence or a free-from claim. Check row status and current labels.

DRAFT — reference C/M transferred 4 Nov 2026; blanks remain unassessed. See Allergen Review for missing recipes, labels and source differences.

SECTION	MENU ITEM / COMPLETE DISH	AVAILABLE ON	Celery	Cereals incl. gluten-free oats (see details)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur dioxide & sulphites
Hot Snacks	Popcorn Chicken — Mild & Hot Mix (8 pieces)	Mon–Fri	M	C	M	M	N	N	M	N	M	M	M	N	M	N
Hot Snacks	Chicken Nuggets (6 pieces)	Mon–Fri	C	C	N	M	N	N	M	N	N	M	M	N	N	N
Hot Snacks	Pepperoni Pizza Baguette	Mon–Fri	M	C	N	M	N	N	C	N	C	N	N	C	C	N
Hot Snacks	Vegan Nuggets (6 pieces)	Mon–Fri	N	C	N	N	N	N	N	N	N	N	N	N	N	N
Hot Snacks	Vegan Hash Brown — JJ Gourmet Crunchy (2 pieces)	Mon–Fri	N	M	N	N	N	N	M	N	N	N	N	N	N	N
Hot Snacks	Vegan Hash Brown — JJ Blue Label (2 pieces)	Mon–Fri	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Hot Snacks	Potato Waffle with Baked Beans & Cheese (1 piece)	Mon–Fri	N	C	N	N	N	N	C	N	N	N	N	N	N	N
Hot Snacks	Potato Waffle with Baked Beans, Cheese & Pepperoni (1 piece)	Mon–Fri	M	C	N	M	N	N	C	N	C	N	N	C	C	N
Hot Snacks	Cheese & Tomato Pizza Baguette	Mon–Fri	C	C	N	N	N	N	C	N	N	N	N	C	C	N
Hot Snacks — NON-HALAL	Pork Sausage Roll — JJ ROL029	Mon–Fri	N	C	N	C	N	N	M	N	M	N	N	N	N	C
Pastries, Cookies & Muffins	Biscoff Croissant	Mon–Fri	N	C	N	C	N	N	C	N	N	M	N	N	C	N
Pastries, Cookies & Muffins	Chocolate Croissant	Mon–Fri	N	C	N	C	N	N	C	N	N	M	M	N	C	N
Pastries, Cookies & Muffins	Vegan Raspberry Croissant	Mon–Fri	N	C	N	M	N	N	M	N	N	M	M	M	M	N
Pastries, Cookies & Muffins	Cinnamon Swirl	Mon–Fri	N	C	N	C	N	N	C	N	N	M	N	M	C	N
Pastries, Cookies & Muffins	Pain au Chocolat	Mon–Fri	N	C	N	C	N	N	C	N	N	M	N	M	C	N
Pastries, Cookies & Muffins	Double Chocolate Cookies	Mon–Fri	N	C	N	C	N	N	C	N	N	N	N	N	C	N
Pastries, Cookies & Muffins	White Chocolate Cookies	Mon–Fri	N	C	N	C	N	N	C	N	N	N	N	N	C	N
Pastries, Cookies & Muffins	Choc Chip Cookies	Mon–Fri	N	C	N	C	N	N	C	N	N	N	N	N	C	N
Pastries, Cookies & Muffins	Double Choc Muffin	Mon–Fri	N	C	N	C	N	N	C	N	N	N	N	N	C	N
Pastries, Cookies & Muffins	White Chocolate Muffin	Mon–Fri	N	C	N	C	N	N	C	N	N	N	N	N	C	N
Pastries, Cookies & Muffins	Choc Chip Muffin	Mon–Fri	N	C	N	C	N	N	C	N	N	N	N	N	C	N
Hot Snacks — NON-HALAL	Chicken Tikka Bake	Mon–Fri	N	C	N	N	N	N	C	N	N	N	N	N	N	N
Hot Snacks — NON-HALAL	Steak Bake	Mon–Fri	N	C	N	N	N	N	N	N	N	N	N	N	N	N
Hot Snacks — VEGAN	Vegan Sausage Roll	Mon–Fri	N	C	N	N	N	N	M	N	N	N	N	N	C	N
Hot Snacks — NON-HALAL	Pork Sausage Roll — Proper Cornish / Brakes 118842	Mon–Fri	N	C	N	C	N	N	C	N	N	N	N	N	N	N

Reference: Food Standards Agency — https://www.food.gov.uk/sites/default/files/media/document/14-Allergens%2016Nov21.pdf