LUNCH WEEK 2 | ALLERGEN MATRIX

Complete weekly lunch reference • Daily Hot Counter + Hot Meals, Soups, Cakes & Sides

C = Contains | M = May contain | N = Not identified in checked ingredients/declaration (not a free-from claim) | BLANK = NOT ASSESSED

SECTION	MENU ITEM / COMPLETE DISH	AVAILABLE ON	Celery	Cereals incl. gluten-free oats (see details)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur dioxide & sulphites
Daily Hot Counter	Margherita Pizza Slice	Mon–Fri	N	C	N	N	N	N	C	N	M	N	N	N	M	N
Daily Hot Counter	Halal Cheeseburger	Mon, Wed	N	C	N	N	N	N	C	N	N	N	N	C	C	C
Daily Hot Counter	Chicken Wings	Mon–Fri	M	N	N	N	M	N	N	N	M	N	N	M	C	C
Daily Hot Counter	Mac & Cheese	Mon, Wed, Fri	M	C	N	M	N	N	C	N	C	N	N	N	M	M
Daily Hot Counter	Halal Chicken Strips Burger	Tue, Thu	C	C	N	C	N	N	C	N	M	N	N	C	M	N
Daily Hot Counter	Tomato Pasta Bake	Tue, Thu	C	C	N	N	N	N	C	N	M	N	N	N	N	C
Hot Meal	West African Jollof Rice with Succulent Chicken	Mon	C	C	N	N	C	N	N	N	C	M	M	N	C	C
Hot Meal — VEGAN	Mixed Bean & Corn Chilli served with Jacket Potato	Mon	C	M	N	N	N	N	N	N	C	N	N	C	C	C
Hot Meal	Chicken Shawarma Wrap served with Fries	Tue	N	C	N	N	N	N	C	N	N	N	N	N	N	N
Hot Meal — VEGAN	Aloo Matar served with Rice	Wed	C	M	N	N	N	N	N	N	C	N	N	N	N	C
Hot Meal	Creamy Mild Chicken Korma served with Basmati Rice	Wed	C	N	N	N	N	N	C	N	N	N	N	N	N	N
Hot Meal — VEGAN	Red Lentil Dal served with Basmati Rice	Tue	C	M	N	N	N	N	N	N	N	N	N	N	N	N
Hot Meal	Halal Lasagne served with a Slice of Garlic Bread	Thu	C	C	M	N	C	N	C	M	C	M	M	M	C	C
Hot Meal — VEGAN	Lentil Shepherd's Pie with Mashed Potato Topping	Thu	C	M	N	N	N	N	N	N	C	N	N	N	N	C
Hot Meal	Halal Cheeseburger	Fri	C	C	N	N	N	N	C	N	C	N	N	C	C	C
Hot Meal	Halal Chicken Burger	Fri	C	C	N	N	N	N	M	N	C	N	N	C	C	C
Hot Meal — VEGAN	Vegan Burger	Fri	N	C	N	N	N	N	N	N	N	N	N	C	M	C
Soup	Roasted Butternut Squash & Carrot Soup	Mon	C	N	N	N	N	N	N	N	N	N	N	N	N	N
Soup	Roasted Red Pepper & Sweet Potato Soup	Tue	C	N	N	N	N	N	N	N	N	N	N	N	N	N
Soup	Sweetcorn & Potato Chowder	Wed	C	N	N	N	N	N	N	N	N	N	N	N	N	N
Soup	Creamy Parsnip & Apple Soup	Thu	C	N	N	N	N	N	N	N	N	N	N	N	N	N
Soup	Roasted Tomato & Basil Soup	Fri	C	N	N	N	N	N	N	N	N	N	N	N	N	N
Cake	Flapjack	Mon	N	C	N	M	N	N	M	N	N	M	M	N	M	C

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SECTION	MENU ITEM / COMPLETE DISH	AVAILABLE ON	Celery	Cereals incl. gluten-free oats (see details)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame	Soya	Sulphur dioxide & sulphites
Cake	Lemon Drizzle Cake	Tue	N	C	N	C	N	N	M	N	N	N	N	N	C	C
Cake	Banana Cake	Wed	N	C	N	C	N	N	M	N	N	N	N	N	C	M
Cake	Carrot Cake	Thu	N	C	N	C	N	N	C	N	N	N	N	N	C	C
Cake	Chocolate Cake	Fri	N	C	N	C	N	N	C	N	N	N	N	N	C	N
Sides	Potato Wedges	Mon–Fri	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sides	Chips	Mon–Fri	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sides	Fries	Mon–Fri	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sides	Jollof Rice	Mon	C	N	N	N	N	N	N	N	N	N	N	N	N	N
Sides	Plain Rice	Tue, Wed	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Sides	Vegetable Samosa	Mon–Fri	N	C	N	N	N	N	N	N	N	N	N	N	N	N
Salad / Vegetable Side	Smoky Roasted Vegetables	Mon	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salad / Vegetable Side	Lemon & Parsley Salad	Tue	N	N	N	N	N	N	N	N	N	N	N	N	N	C
Salad / Vegetable Side	Cumin-Roasted Cauliflower & Carrots	Wed	N	N	N	N	N	N	N	N	N	N	N	N	N	C
Salad / Vegetable Side	Herby Garden Salad	Thu	N	N	N	N	N	N	N	N	N	N	N	N	N	C
Salad / Vegetable Side	Traditional Creamy Coleslaw	Fri	N	N	N	C	N	N	N	N	C	N	N	N	N	C
Sides / Recipe component	Jacket Potato (Plain)	Mon	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Daily Hot Counter — Pepperoni option	Chicago Town Pizza Slice with JJ Pepperoni	Mon–Fri — when offered	N	C	N	N	N	N	C	N	C	N	N	N	C	N

Reference: Food Standards Agency — https://www.food.gov.uk/sites/default/files/media/document/14-Allergens%2016Nov21.pdf